



# Lockton Thrive – Your Calendar For A Happier & Healthier Team

**LOCKTON PROVIDES EVERY CLIENT WITH COMPREHENSIVE SUPPORT FOR DESIGNING AND IMPLEMENTING WELLBEING PROGRAMS** that drive a culture of health, resilience, and peak performance.

Clients can rely on our expert consultants to guide them through every stage of their wellbeing journey — from ideation and strategy development to seamless execution and effective communication. By leveraging a trusted network of wellbeing providers, we deliver impactful, customized programs tailored to meet the unique needs of each organization, fostering growth, engagement, and overall wellbeing.

Our Wellbeing Consulting Practice is dedicated to designing customized year-round wellbeing programs tailored to your organization's goals, culture, and challenges. We create engaging and impactful calendars that keep your workforce motivated, empowered, and thriving throughout the year.

## Balancing Employee Wellbeing and Business Success

The workplace of a highly effective company depends on healthy, engaged, and focused employees. As talent and healthcare costs continue to escalate, it is more important than ever to explore innovative strategies that not only deliver maximum value but also balance cost management with meaningful activities that will motivate and engage employees.

While managing costs remains important, enhancing employee wellbeing is now becoming a strategic priority for companies and the workplace plays a key role in fostering that. By aligning cost management with employee care, the company can create a positive cycle where both employees and organizations continue to thrive.

Ongoing guidance and support are offered across four key dimensions:

**Physical:** Promoting healthy lifestyle choices and preventing illness.

**Mental:** Building resilience, reducing stress, and raising mental health awareness.

**Financial:** Enhancing financial security through accessible tools and resources.

**Social:** Cultivating connection, inclusion, and a sense of belonging.



## Capabilities

Lockton Thrive supports our clients with a variety of services, including:

- **Tailored wellbeing calendars:** Structured, year-round calendars designed to align with workplace culture and the company's wellbeing framework, ensuring a cohesive and focused approach.
- **Workshops and events:** Engaging health and wellness workshops that promote healthy habits, foster a sense of community, and enhance employee morale.
- **Targeted initiatives or intervention:** Customized programs such as financial wellness strategies, mental health campaigns, and social wellbeing initiatives to address specific workforce needs and underlying health risks.
- **Curated best in class vendor partnerships:** Collaborative alliances with healthcare and wellbeing providers to address workforce challenges and deliver impactful, measurable results.

## Wellbeing as a Strategic Priority

A successful wellbeing strategy begins by truly listening to employees and engaging leadership to understand how health impacts business outcomes. Using trusted methodologies and data-driven tools, we can help you develop a roadmap to drive meaningful change.

### Contact Us

To explore how our solutions provide you with comprehensive support for designing and implementing wellbeing programs.



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